

Packing Guidelines

The location of the camp is in a forested area and casual clothing is appropriate, **keeping in mind that it shouldn't be *too* casual.** [Nice jeans are just fine!](#) Speakers donate their time and talents and are all professionals, many of them in government service at the highest levels. As part of showing respect for them is being dressed appropriately, clothing such as short-shorts, cutoffs, ripped items, or t-shirts with inappropriate messages on them are not permitted!

General Clothing Guidelines

- Dress to be presentable and comfortable!
- Be sure to bring a **warm jacket** or **sweater**.
It is usually cool in the late evenings and early mornings; at times, it has been cold!
- **Slacks, skirts, dresses**, and **jeans** are permitted.
Everything should be presentable, so no rips or tatters
Dresses and skirts must come to your knees
- 3 or 4 summer **shirts** and 2 or 3 long-sleeved ones
We never know what the weather will be like.
- The usual **undergarments, socks**, etc., of course.
- **Pajamas/sleeping apparel**. You can bring a bathrobe if you like.
- **COMFORTABLE shoes**, both for camp and Carson City,
Remember, we do a lot of walking, so Sneakers are best for camp, as there is sand and gravel. Foot killers would be flip-flops and high heels. Dress shoes for Carson City must be closed-toed

Required Clothing

- A **black skirt or black slacks for our official photo**
- **Business attire** for our Legislative Session in Carson City
 - Dresses or skirts must come to you knees! (We suggest just going with slacks.)
 - Shoulders must be covered
 - Dress shoes must be closed-toed
 - No flip-flops

Supplies Needed

Personal Care Items

→ Items needed for personal comfort such as

- Bath and face towels, washcloths, etc.
- Hair care products
- shampoo/conditioner
- hair spray, gel, etc.
- brush/comb
- bobby pins, hair ties, etc.
- Blow dryer, curling iron, straightener – just what you “can’t live without” please!
- Shower shoes
- Toothpaste and Toothbrush
- Cosmetics
- Deodorant

Bedding

→ We are sleeping in cabins that have bunk beds with mattresses

- Sheet or mattress cover for a single-sized mattress
- Sleeping bag or bedroll
- Pillow

Additional Items

→ Needed when participating in activities such as campaigns

- 1-inch, 3-ring binder
- Pens/Pencils
- Small Scissors
- Masking Tape
- Construction Paper
- Markers and other items to decorate posters

→ These items might be useful/helpful

- Running/athletic clothing (If you’re a runner, you’ll have the opportunity to run in the mornings with a group and a staff member.)
- Flashlight
- A refillable water bottle
- A small pillow that can be used as a seat cushion
- Spending money (for our session CDs, snacks, sweatshirts, or forgotten items)

→ Talent show items (if you’d like to participate in our talent show)

- Costume or outfit
- Sheet music or script
- CD or iPod
- Musical instrument
 - We have an electronic piano.

A quick note about the talent show: If you would like to share your talent but you’re shy or nervous, just take the chance and do it! You will be amazed at how supportive other delegates are when someone has the courage to stand up and share something special.

Items that may be brought

Disclaimer: You may bring these items with you, however Nevada Girls State is not responsible for the care of items, including any loss, theft, or damage that may occur. Furthermore, if a delegate uses any of these items inappropriately or in a manner that is disruptive to the program (particularly cell phones), the staff reserves the right to confiscate the item(s) until the end of the session.

- Digital camera
- Cell phone
- Laptop
- MP3 player, iPod, CD player, DVD player
- CDs
- DVDs

Prohibited Items

These items are not allowed at camp under any circumstances.

- Tape (other than Blue Masking Tape)
- Glitter
- Gum
- Weapons of any kind
- Alcohol

Packing Checklist

- | | |
|---|---|
| <input type="checkbox"/> Black Pants or Skirt | <input type="checkbox"/> Cosmetics |
| <input type="checkbox"/> Shirts | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Pants/Skirts | <input type="checkbox"/> Sheet/Mattress Cover (for a twin bed) |
| <input type="checkbox"/> Jacket/Sweatshirt | <input type="checkbox"/> Sleeping Bag/Bed Roll |
| <input type="checkbox"/> Undergarments | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Socks | <input type="checkbox"/> 1-inch Binder |
| <input type="checkbox"/> Shoes | <input type="checkbox"/> Pens/Pencils |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Masking Tape |
| <input type="checkbox"/> Business Attire (for the Legislature) | <input type="checkbox"/> Construction Paper |
| <input type="checkbox"/> Dress Shoes (<u>must be closed-toed</u>) | <input type="checkbox"/> Markers |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Other Supplies to make signs with |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Refillable Water Bottle |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Running/Athletic Clothes (<i>optional</i>) |
| <input type="checkbox"/> Bath towel | <input type="checkbox"/> Spending Money |
| <input type="checkbox"/> Shower Shoes | <i>If You're Participating in the Talent Show</i> |
| <input type="checkbox"/> Brush/Comb | <input type="checkbox"/> Costume/Outfit (<i>optional</i>) |
| <input type="checkbox"/> Hair Care Supplies | <input type="checkbox"/> Sheet Music/Script (<i>optional</i>) |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> CD/iPod (<i>optional</i>) |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Musical Instrument (<i>optional</i>) |

REMEMBER!!

Rules regarding BUSINESS ATTIRE for our trip to the legislature:

- Skirts/Dresses must come to your knees! (We suggest choosing pants/slacks)
- Shoulders must be covered
- NO flip-flops
- NO open-toed shoes

If these rules aren't followed, you WILL be asked to change!

PROHIBITED ITEMS!!

These items are not allowed under any circumstances:

- Tape (other than Blue Masking Tape)
- Glitter
- Gum
- Weapons of any kind
- Alcohol