

NEVADA GIRLS STATE
ASSEMBLY JOINT RESOLUTION NO. 4

Memorializes the 2017 session of the Nevada Legislature to enact legislation that will provide healthier school lunch options using a farm-to-school basis on offering children and teens a balanced, fresh meal.

WHEREAS, Farm-to-school lunch options provide safe, locally grown foods that give a healthy source of nutrition for growing children and young adults; and

WHEREAS, Consuming more fruits and vegetables can decrease the risk of obesity, diabetes and other diseases; and

WHEREAS, The dietary guidelines for Americans recommends that we increase fruit and vegetable intake; however, most young people do not eat a significant amount; and

WHEREAS, In schools that provide fresh produce, children and teens eat more servings of fruits and vegetables; and

WHEREAS, Farm-to-school programs can allow for more school lunch participation; and

WHEREAS, Knowledge of nutrition, how food is grown, and how to prepare food are important to health education; and

WHEREAS, Purchasing from local farmers and ranchers provides increased interaction between schools and the community; therefore be it

RESOLVED BY THE GIRLS STATE OF NEVADA assembled in Carson City on July 1, 2016 that the 2017 session of the Nevada legislature is hereby memorialized to enact legislation to provide farm-to-school lunches and snacks.